## Follow-up option for students who could not be present at the Michael Sheas courses in 2023

## TOPIC: FLUID BODY FULCRUMS AND VASCULAR TREE APPLIED BIODYNAMICS FOR METABOLIC HEALTH

We explore the five fulcrums of the water-earth elements in the Indo-Tibetan medical system. They are directly associated with the fluid body and vascular tree. A new organization of the vascular tree is taught. The five fulcrums of the water-earth elements are: the major joints of the body, the cranium, the tongue, the trunk, and the stomach. The organization of the specific arteries in these locations will be taught in three distinct protocols. The subtle level of the fulcrums includes acupuncture points and perceptual practices to harmonize the metabolism of the body with the cosmos. The cosmologies of Tibetan Medicine, the Book of Genesis and Taoism are embodied.

We hereby offer you a composition from the courses in October 2022 to prepare for future courses:

- Recordings
- Flip Charts
- Photos
- Texts and Syllabi
- Further helpful little somethings about the course content

We are happy to accept orders for this (email to: <u>almut-at-sheaheart.de</u>). The package costs CHF 100.00 and will be charged to your credit card by Michael's office in Florida.

We need the following information for the credit card charge:

- Credit card number
- Valid through
- CVV number on the back side of the card
- Name and address according to the credit card number
- Email address to be informed about the successful charge of the credit card
- Please also inform your bank that there will be a charge from America soon so that the card is not blocked.

Please NEVER send this information together in one email. For safety reasons send the single information via different ways:

- several emails
- parts via Signal messenger
- or via phone
- the contact details will be provided upon request

As soon as the payment has been processed, we will send you the information package. One part will come via email by Almut, another part (WeTransfer download) will come via the email address of Cathy Shea (Michael's wife). The download must be done within 7 days.

We are very much looking forward to seeing you (again) in one of the next courses!

Almut and Michael