# Terms and Conditions:

# **Advanced Trainings with Michael Shea 2023**

# 1. General

The Kosmos advanced trainings in Biodynamic Cardiovascular Therapy with Michael Shea are meant for those Craniosacral therapists who have taken cardiovascular training with Michael or other cardiovascular instructors. If you have any questions, please make contact with the course manager for personal consultation (see 19. Course Organization).

#### 2. Exercise of Medicine

The content of these advanced courses may only be used within the framework of one's own educational level and takes into account the legal foundations in one's respective home country. We expressly point out that craniosacral therapy in the Federal Republic of Germany is currently only allowed to be practiced by doctors and healing practitioners. A degree in physiotherapy may not be enough. According to our legal opinion, midwives may learn certain methods of craniosacral therapy, in order to better evaluate any possible followup and further treatment by a craniosacral therapist.

#### 3. Modules / Diploma

The old CVS modules are not being taught anymore. A new advanced series called "The Kosmos" is based on the vascular work. The new series began in 2022. Students who started their CVS training with Michael and have followed Michael's webinars (organized by Biostillness 2020 and 2021) may use the webinar hours and the upcoming new courses to fill in the missing hours for their diploma. They need to get in contact with the course organizer to check what is missing and supply her with the equivalent certificates. No diplomas will be offered with the new series by itself.

# 4. Registration

Please register in writing **exclusively** with our registration form. We now use a writeable PDF format to reduce paper. After your registration you will receive – if there is a free space in the desired course - a registration confirmation. We will send a student's address list to create carpools and possible room/apartment sharing. Your registration is for the lectures only including lunch and snack breaks at Hotel Sonnenberg. Everyone needs to organize their room and dinner by themselves as well as acknowledge the new cancellation policy.

# 5. Payment

The tuition fee will go to the course organizer either via credit card beginning 30 days prior to each course or cash at the beginning of the course. Your credit card will be charged directly by Michael Shea's office in Florida. Please indicate on the registration form if you wish to pay cash or via credit card. From there you will receive further instructions. However, you will be charged the full tuition fee for a no-show or cancellation within 30 days of the course (if no one from the waiting list can take over your class space). See cancellation policy below under No. 10. Any booking for lodging must be organized by the student/assistant him or herself.

#### 6. Reductions / Treatment Tables

For any one bringing a portable treatment table to the class there will be a discount of CHF 20,00 (if you bring a table please **include sheets, blanket, pillows, rolls**). Please indicate on the course registration if you are bringing a table as the course manager must track the number of tables needed very precisely.

# 7. Course Locations / Room and Board Arrangements

Details for the course locations can be found in the corresponding course flyer and registration form. The course location includes 3 lunches as well as snacks and non-alcoholic drinks throughout the days. All students are now expected to make their own arrangements for room and dinners. Please check the recommendations on places to stay on the flyer.

# 8. Class Size

The course size is limited to 24 participants in order to ensure the best possible integration of the teaching material. Each course will have at least 4 teaching assistants. This makes personal integration and a high-quality learning experience possible. If Covid-19 is still a concern, we will only register the number of students the classroom space can hold safely based on local regulations and common sense.

#### 9. Waiting Lists

If there are more registrations than existing course places, we will create a waiting list. Decision is made upon the date of the written application received.

#### 10. Cancellation

If you withdraw latest 30 days before the course starts, we do not charge any cancellation fee. Cancellation within 30 days of each course without a replacement of another student, you will be charged for the full tuition. The cancellation must be in writing (letter, email). It is advisable to take out a default insurance in your own interest. We reserve the right to cancel the course at any time because of government regulations or an emergency, in which case students will be refunded the total amount of money received.

#### 11. Translation

The courses take place in English with German translation.

### 12. Secrecy (Confidentiality)

The course participants are obliged to maintain secrecy (confidentiality) about all personal information of other participants for all courses.

#### 13. Data Protection

By signing the registration form you agree to the use of your address details within the context of the course. Periodically, we will send you more information about future courses and news from Michael Shea, including information about the Dr. Rau Biomedicine Clinic Sonnenberg where the courses are hosted in 2023. We exclude any further use of your personal data. You may ask for deletion from our address file at any time. Participants who earn a diploma can register on the therapist list on our website.

#### 14. Personal Responsibility

Biodynamic Cardiovascular therapy can lead to a deep life experience. Each participant is responsible for his/her own wellbeing. The courses offer no substitute for any necessary medical and/or therapeutic care of the participants. Participation in the events is the sole responsibility of the participants. If necessary, please clarify the qualifications for your participation with your doctor or psychotherapist and inform the organizer of any illness or safety issues. Severe mental illness excludes participation in the courses. For other serious illnesses, a personal interview with the organizer is necessary.

#### 15. Hygiene and Safety

When registering for a course you will be requested to state your needs for group and individual safety and hygiene via email to the course manager. No person with a fever or strong cough will be permitted into the classroom on any day of the course. The model of safety we use is Michael Shea's Multivagal model of heart and visceral safety. Empathy and compassion require cognitive, heart and visceral safety. Please tell us what you need!

#### 16. Liability

The participants are responsible for self-inflicted damage to the teaching environment. They release the course management from all liability claims, as far as damage is not caused by the course management itself or its agents by gross negligence or willful misconduct. The organizer is not liable for damages caused by other course participants unless a course instructor or agent has demonstrably or grossly negligently violated his/her general duty of supervision. Each student may, at his own discretion, take out liability insurance for any damage they may cause themselves.

# 17. Copyright

The course fee includes scripts and photos on the subject being taught as well as the course recordings, which are sent following each course via "WeTransfer". These are protected by copyright. They are used exclusively for course participants for post-integration and may not be duplicated or forwarded.

# 18. Recognition

The training courses are recognized by CranioSuisse (CH) and CSVD (D) as advanced CST training.

#### 19. Course Organization / Websites

For further questions, special requests, etc. please contact the organizer directly:

Almut Althaus, +49 (0) 561 9885 0355 almut@sheaheart.de - www.sheaheart.de

(As of December 2022)