

## Newsletter from February 13th, 2021

Dear former students and people being interested in Michael Shea's classes in Germany,

As this new year advances it is still unclear whether we will be able to present the planned classes with Michael in April. There are many factors to look at including the flight and border situation for Michael, whether he will need a vaccination, the travel for other foreign students, quarantine regulations and the possibility to meet at all for on-site classes.

Michael and I are in constant exchange about the possibilities and came to the conclusion to give everybody involved a final decision on March 1st, 2021 for the spring classes in April and May. So, if you want to register for any of those 3 classes you are welcome but I will not work on them before we make this final decision. After that the remaining open spaces left can still be filled if we are on!

Meanwhile we are having a great time with Michael on February's webinar on the Biodynamics of the 5 Elements in Tibetan Medicine organized by Carlos Rodeiro and Mar Ximenis. Michael is teaching a new 10-step protocol. If you still wish to take part click on [www.biostillness.com/de](http://www.biostillness.com/de) to register. The first part is already uploaded to re-study.

Again we uploaded a short text written by Cathy and Michael Shea on our website on the "Inflammation of the Intestines", please click [here](#).

We send you our love and wish you inner health.

Michael and Almut

Michael J. Shea, Ph.D.  
Shea Educational Group, Inc.  
13878 Oleander Avenue  
Juno Beach, FL 33408

Phone Number: 561-775-9912  
Website: [www.sheaheart.com](http://www.sheaheart.com)