

## Newsletter from January 18<sup>th</sup>, 2022

Dear Cranio-Friends,

it took us a bit longer for a newsletter as the global travel situation still is not very stable. We are not yet clear if we can offer classes with Michael Shea in Germany and Switzerland this New Year 2022, as we have planned it.

Meanwhile, Michael is very busy finishing the final edits on his new book: [here](#) you can see the cover. It will be available in late summer this year in English.

For the classes everything is well prepared and we keep our fingers crossed for good fortune. On February 14<sup>th</sup>, 2022 we will decide whether Michael can come or not for the planned spring courses (April 28<sup>th</sup> through May 1<sup>st</sup> in Switzerland as well as May 5<sup>th</sup> through 8<sup>th</sup> in Germany). When the decision to come and teach is made, we will upload all needed information (flyer and registration form) on our new website. Meanwhile please visit our new website: [www.sheaheart.de](http://www.sheaheart.de).

All upcoming emails please send to [almut@sheaheart.de](mailto:almut@sheaheart.de). (The old email address [almut@michaelsheateaching.de](mailto:almut@michaelsheateaching.de) is not any longer valid!)

Michael has a new [piece](#) for you: a photographic text-atlas of biodynamic skills as a PDF document for download. This is from his volume 4. It contains all of the photographs and descriptions of his biodynamic foundation training. Enjoy!

Much love from Michael and Almut

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