

## Newsletter from April 7<sup>th</sup>, 2022

Dear folks,

as the first planned live classes coming October, 2022 with Michael filled up within a week we tried hard to offer a third class – and we succeeded. This is the additional date: October 27<sup>th</sup> to 30<sup>th</sup>, 2022 at the same place in Switzerland. The new flyer and registration form are available on our [website](#). Right now, we have about 15 spaces left plus waiting lists.

Last Tuesday Michael started a new webinar on the topic “The Rules of the Vascular Tree Applied Biodynamics for Metabolic Health”, which is a very good basis for the live classes, especially if you haven’t been in a live class with Michael before.

Here is the [link](#) to the current webinar series with Michael. The first part took place April 5<sup>th</sup>, 2022 and you are able to watch the video once you register, the second webinar will take place May 3<sup>rd</sup>, 2022. This will be an excellent preparation for the live classes in fall in Switzerland.

And here is a [link](#) to a podcast Michael did in early March talking about biodynamic practice, body metabolism and the contemporary client. There is no translation into German.

Michael really looks forward to be in the classroom after being absent for 3 years. He now considers the classes to be more a spiritual retreat to deepen our biodynamic practice.

Much love from Michael and Almut

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