

## Newsletter from July 20<sup>th</sup>, 2025

Dear Cranio Community,

Our wonderful craniosacral colleague Esther Blessing—many of you will remember her as an assistant in our courses with Michael Shea in Germany and Switzerland—has passed away. With her wonderful nature, she touched many people, and we will miss her dearly. We received this news from her children via Michael:

Dear all,

This coming Tuesday, July 22<sup>nd</sup> at 2:00 PM, we will hold the farewell ceremony for our beloved mother Esther Blessing at the Evangelical Reformed Church of Stäfa, Kirchbühlstrasse 40, 8712 Stäfa, Switzerland

The ceremony will begin punctually at 2:00 PM, and the church will be open from 1:30 PM – please arrive early. There is parking nearby, and the police will assist with directions. Stopping directly in front of the church is not possible, so please allow extra time for arrival.

Some have asked about wearing black: You may, but you don't have to. Our mother wished for a light-filled, colorful and joyful farewell – a celebration of light and love. Please come in whatever feels right to you.

The church offers 570 seats, and we would love to fill them together. Feel free to bring anyone who felt connected to her. It will be a lively celebration, with music, gratitude, and beautiful memories of our mother.

After the service, we warmly invite you to gather just next door at the Forum Stäfa for drinks and time together – rain or shine. There is plenty of space, and we look forward to seeing you.

At our mother's express request, the ceremony will also be livestreamed – especially for her friends in Cyprus, England, and the USA who cannot attend in person:

 Livestream link: <https://vimeo.com/event/5262796>

 Password: Esther (capital E)

That said – if you can attend in person, please do. Nothing replaces being together.

We would also like to express our heartfelt thanks for all the beautiful, kind messages we've received over the past few days. Your words have truly comforted us.

Many of you responded via WhatsApp – and that was lovely.

We've also created a digital memorial page, where we'd love to collect all your thoughts and memories – especially for Esther's friends abroad.

 Esther's digital memorial page: <https://www.forevermissed.com/esther-blessing>

It's important that you post your message there yourself. It's very simple – just enter an email address and a password, and your message will be visible under your name. Even if you've already sent us something, feel free to copy it into the page. This page will remain online indefinitely. We check it every day – and are thankful for every line, every shared memory, every word. Our mother lives on in your stories.

Thank you for your thoughts, your presence, and your support during this special time. On behalf of the three of us.

Stephan Rathgeb, Mathias Rathgeb & Muriel Blessing

## Blessings, Almut and Michael

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