

Newsletter from December 29th, 2025

Dear Cranio Community,

This year 2025 heads for its end, and we wish you all a smooth and healthy transition into 2026.

Our website www.sheaheart.de has been offline for some weeks as we had to face a severe cyberattack. Now we are back and in a few days you can find all info for next year's classes [here](#). The forms and flyer you can find [here](#). We are very much looking forward to have Michael back in fall 2026 and will continue to learn from his growing wisdom. Remembering the classes in 2025 I, Almut, am still so deeply touched.

Michael has also worked on his American website www.sheaheart.com. His new book "The Biodynamic Heart" is the focus of his new website and he is already writing a new book on Biodynamic Embryology and Clinical Applications that he will be sharing in his classes next year.

He was very busy with giving interviews about his new book and they will be released in January. We will make sure you get the links on our [website](#). Michael wanted to give everyone a holiday gift of a lecture he gave in class last October in Badenweiler. It is translated into German and is very special talking about the first principle of our work derived from A. T. Still, we are a "unity of mind, body, and spirit."

Much love to all of you and we look forward to seeing you in 2026.

Blessings, Almut and Michael

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