

Follow-up option for students
who could not be present at the Michael Sheas courses in 2022

TOPIC: THE RULES OF THE VASCULAR TREE – APPLIED BIODYNAMICS FOR METABOLIC HEALTH

Metabolic health is now a primary concern for most of our clients. This includes deep relationships between the endothelium of the artery, the immune, gastrointestinal, and endocrine systems. In this course, the basis of biodynamic practice, Primary Respiration, and dynamic stillness, will expand to include the five elements of the Indo-Tibetan medical traditions, selected acupuncture points from Classical Chinese Medicine, and contact with the vascular tree to promote metabolic health and stimulate an anti-inflammatory response especially in the vagus nerve. Three separate protocols will be taught, one in each of the class days to affect and harmonize metabolic health in the contemporary client.

We hereby offer you a composition from the courses in October 2022 to prepare for future courses:

- Recordings
- Flip Charts
- Photos
- Texts and Syllabi
- Further helpful little somethings about the course content

We are happy to accept orders for this (email to: almut-at-sheaheart.de). The package costs CHF 100,00 or EUR 100,00 and has to be paid onto the WISE account from Michael Shea.

Here are the **CHF** account details for SHEA EDUCATIONAL GROUP, INC on Wise:

Name: SHEA EDUCATIONAL GROUP, INC

IBAN: **GB42 TRWI 6084 6475 4373 71**

Swift/BIC: TRWIGB2LXXX

Bank name / address: Wise Payments Limited, Worship Square, 65 Clifton Street,
London, EC2A 4JE, United Kingdom

Address Michael Shea: Oleander Ave, Juno Beach, FL

Here are the **EUR** account details for SHEA EDUCATIONAL GROUP, INC on Wise:

Name: SHEA EDUCATIONAL GROUP, INC

IBAN: **BE22 9058 3134 2547**

Swift/BIC: TRWIBEB1XXX

Bank name / address: Wise, Rue du Trône 100, 3rd floor, Brussels, 1050, Belgium

As soon as the payment has been received, we will send you the information package. One part will come via email by Almut (almut-at-sheaheart.de), another part comes via WeTransfer download (same email address). The download must be done within 7 days.

We are very much looking forward to seeing you (again) in one of the next courses!

Almut and Michael