

Follow-up option for students
who could not be present at the Michael Sheas courses in 2025

TOPIC: IGNITION IN LIFE AND DEATH – APPLIED BIODYNAMICS FOR METABOLIC HEALTH

We are conceived in light, and we die in the light of the Breath of Life according to new research. We learn the continuity of the four Ignition processes in biodynamic practice: conception, heart, birth, and death with their related metabolic fields. We deepen our biodynamic practice with the embryonic metabolic fields of Primary Respiration in the blood, stillness as the Void and visualization to focus on the subtle gut-heart-brain. We will contact the potency of the metabolic fields of Ignition as a single lifelong continuum. We learn the five phases of ignition in life and death as a single metabolic process: spark, renewal, permeation, stillpoint and the Breath of Life. We explore Dr. Sutherland's perception of the Breath of Life as a spiritual experience for self-healing.

We hereby offer you a composition from the courses in 2025 to prepare for future courses:

- Recordings
- Flip Charts
- Photos
- Films
- Texts
- Further helpful little somethings about the course content

We are happy to accept orders for this (email to: almut-at-sheaheart.de). The package costs CHF 100,00 or EUR 100,00 and has to be paid onto the WISE account from Michael Shea.

Here are the **CHF** account details for SHEA EDUCATIONAL GROUP, INC on Wise:

Name: SHEA EDUCATIONAL GROUP, INC

IBAN: **GB42 TRWI 6084 6475 4373 71**

Swift/BIC: TRWIGB2LXXX

Bank name / address: Wise Payments Limited, Worship Square, 65 Clifton Street,
London, EC2A 4JE, United Kingdom

Address Michael Shea: Oleander Ave, Juno Beach, FL

Here are the **EUR** account details for SHEA EDUCATIONAL GROUP, INC on Wise:

Name: SHEA EDUCATIONAL GROUP, INC

IBAN: **BE22 9058 3134 2547**

Swift/BIC: TRWIBEB1XXX

Bank name / address: Wise, Rue du Trône 100, 3rd floor, Brussels, 1050, Belgium

As soon as the payment has been received, we will send you the information package. One part will come via email by Almut (almut-at-sheaheart.de), another part comes via WeTransfer download (same email address). The download must be done within 7 days.

We are very much looking forward to seeing you (again) in one of the next courses!

Almut and Michael